

ECHS Mountain Bike Racing Team
Parent Approval for Alternative Practice End Site

The El Cerrito High School Mountain Bike Team starts and ends midweek practices at the El Cerrito Community Center on Moeser Avenue. Local Sunday practices start and end at El Cerrito High School. Riders are considered at practice from the time they leave these locations until they return to them. During practices, riders are under the supervision of NICA licensed coaches and covered by NICA insurance.



The team understands that riders may need to return home early or have a shorter return route to their house (i.e., they may ride past it) on the return to the practice ending spot. To accommodate these situations, with parent approval the team will allow an alternative practice end location at Summit Reservoir, at the corner of Spruce St and Grizzly Peak Blvd.

I, _____, the parent/guardian of _____ ("The Rider"), provide my approval for The Rider to be released from practice at the Summit Reservoir located at the corner of Spruce Street and Grizzly Peak Blvd and acknowledge that this will conclude The Rider's practice and the ECCHS MTB Team will no longer be held responsible for The Rider, and NICA insurance will no longer cover The Rider. The Rider may or may not ride with the team after being released, but the team will not hold responsibility for The Rider, regardless of riding with the team or not, after being released from practice.

Parent/Guardian Signature

Date